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A Taste Of Greece: Recipes, Cuisine & Culture





Synopsis

NOT JUST ANOTHER COOKBOOK, A Taste of Greece could have been called For the Love of Greece, as it became a project that brought together well-known personalities from across the world who all share a special bond with this ever fascinating Mediterranean country. They gave us their favorite recipes, told us of their much-loved foods, and opened their hearts as they shared their memories and revealed what Greece means to them. A Taste of Greece represents a collaborative effort between HRH Princess Tatiana, who has made Athens her home since 2013; Diana Farr Louis, a New Yorker who first came to Greece in 1963; and the Athens-based NGO BOROUME $(\tilde{A}\phi\hat{a} \neg A^{*}We Can\tilde{A}\phi\hat{a} \neg A^{*})$. Founded in 2011, BOROUME is the only nonprofit organization in Greece dedicated to reducing food waste and fighting malnutrition at the same time, by creating networks of food donors and receivers throughout the country. Through this book, you will see, feel, and taste a Greece that may be new to you. Most importantly, you will join a global community of active citizens who are eager to support the country they love. All proceeds from this book \tilde{A} ¢ $\hat{a} \neg \hat{a}_{,x}$ ¢s sale will support BOROUME in supplying meals for still more families and building a closer sense of community and solidarity. Food. It fuels our body and nourishes our soul. Shared, it fosters a mysterious sense of intimacy, even among strangers. Universal, it remains unique to each country, an essential element of the cultural heritage that links present and past through traditions and memories. A single bite can transport us both round the world and back in time. What else but food can awaken and create such lasting memories and deep emotions? It is not by chance that, for A Taste of Greece, over 30 well-known international personalities have chosen to share their favorite local food recipes to give life to their personal connection with this beautiful Mediterranean country and shed light on its multifaceted appeal. Their stories and recipes illustrated by stunning photos will give you a real appreciation of Greek cuisine, age-old traditions, and a fascinating contemporary culture. We trust that you will become as enamored of the country and its people as they are!

Book Information

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Customer Reviews

Hearing of Boroume's efforts, HRH Princess Tatiana resolved to lend her support to their work. Since moving to Greece with her husband, HRH Prince Nikolaos, in 2013, she found herself intrigued by the sociological importance of food. The cookbook project, which she coordinated, became a concrete expression of her love for Greece and her commitment to joining forces with individuals and organizations, across borders, to support those in need in the country she now calls home.

I just received my copy of A Taste of Greece and i have not been able to put it down. I have already noted a recipe to make tonight: the watermelon gazpacho soup. This is a wonderful collection of recipes together with glimpses of Greece and Greek culture. Food has always been central to the Greek way of life. I know from my own upbringing that the conversations and the people gathered around the table were animated by the delicious food on the table. The recipes in this book capture the simplicity and freshness of the ingredients used in the preparation and the stories of the people invited to offer their favorite recipes and experiences with Greek food and culture are interesting and informative. Reading this book (which is more than recipes -- it's a story about a people and their love of food) is a lot of fun and I have given copies to friends as gifts.

My hard-backed copy of HRH Princess Tatiana and Diana Farr Louis's beautiful "cookbook" has just arrived, and it is a treasure! The sub-title--"Recipes, Cuisine & Culture"--is apt, for this is a collection of lovingly recorded recipes AND a food-loving-celebrity-memoir, travel guide, history, and celebration of all things Greek rolled into one. It is also--and this is VERY important--an engine of love: all proceeds from the book's sales go to Friends of Boroume, the sister organization of Boroume, a charity founded in 2012 to reduce food waste in Crisis-challenged Greece, and to feed the Hellenic hungry. Support this book, and the proceeds go, post haste, to one of the noblest causes in Greece. And now, I'm off to whip up Diana Farr Louis's "Eggplant Smothered in Garlic," after seeing the wonderful skillet-photo on page 69.

This is a beautifully put together cookbook with lots of delicious looking recipes (I haven't tried them yet). The instructions for recipes look fairly simple without a lot of steps. When we were in Greece our Greek tour guide recommended this book and since I could not find it at our local library after we got home I decided to order it from . There are so many Greek cookbooks out there to choose from so I was glad to get her recommendation. The funny thing about the book I received is that the hard cover was put onto the book upside down!! I attached a photo to this review but it may be too hard to see. I felt no need to return it as faulty and just enjoy the humor of it all which is a bit reflective of the topsy turvy nature of the Greek history through today (yes, we loved our visit there).

A truly beautiful book. And indeed, it is a great deal more than a cookbook. It's a glimpse into the heart of Greece, its many influences, its deep-rooted sense of hospitality. Princess Tatiana and Diana Farr Louis take the reader, the aspiring cook, on a journey through the mainland and the islands with grace, clarity, and love. For Greek cooking, like all good cooking, comes from the heart. If you have a sense of adventure, buy this book. If you are Greek and have grown up with Yaya's (Grandmother's) recipes, buy this book, because it will introduce you to new and delightful variations to well-beloved recipes and add a few additional ones to your chef's repertoire. Excellent!

Love this book. It is great for just reading, but the recipes are very good too. I've tried the yogurt cucumber dip with zucchini balls and they were delicious. The recipe for feta mousse with olives is the next recipe on my agenda. If you like Greek food as I do, you will want this book

In a world where there are so many options this cookbook comes out among the top. With a generous incentive, the writing offers a charming personal insight from the contributors, and the flavours burst from each recipe celebrating their Greek homeland. The book is ever present on my kitchen bench in New Zealand. This will be a gift to be treasured.

l like it

interesting interviews --great recipes / wonderful photography

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